



Welcome to...



# Shepherd Fold Ministry

7th Edition

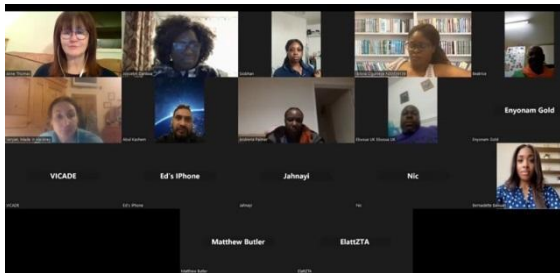


Shepherd Fold Ministries community project, known as the National Parents And Youths Open Forum (NPAYOF), offers a great opportunity for our local community of all ages to benefit from our many outreach and support programs. In 2023, we were able to serve over 1000 residents in Hackney through our foodbank and support services. We work in collaboration with local organisations to provide a range of support, including food parcels, signposting, and referral services. We also nurture a social setting for the community to sit down and chat, socialise, and enjoy refreshments. Thank you to our dedicated staffs and volunteers!

Chatsworth Youth Club is open to young people aged 9–16 where they can enjoy free food, receive homework support, workshops, trips, play sports and games, as well as participate in our community events. With the intent to reduce antisocial behavior, gang family, and peer pressure among the young.

Reverend Joycelyn believes the church goes beyond the pulpit. Therefore, we aim to expand our services and develop sustainable ways to make our community the best place to live, work, and raise young people. We will continue to strive to be a lifeline for supporting our community, aiming to reduce anxiety and isolation and empower people who may be struggling to make ends meet.

## NPAYOF Monthly online sessions



Our online sessions are designed to offer parents and career-minded individuals living in Hackney and beyond opportunities to join from the comfort of their homes. These informative and educational sessions provide a Q&A platform for a direct interactive experience.

The sessions are to address community issues among the youth and empower parents on topics such as parenting, anti-social behaviour, gang pressures, criminal exploitation, school transition, county lines, cost of living, mental health training, etc. Visit our website for upcoming sessions: [www.npayof.co.uk](http://www.npayof.co.uk)

## NPAYOF Summer event Play Safe, Be safe in 2024



Due to the increase in crime during the summer, we reinforce our engagements with the community to reduce criminal exploitation and street violence among young people during this period.

We will be hosting a summer event in collaboration with local organisations and youth engagement officers to promote safety and reduce crime in 2024. Last year, the Play Safe, Be Safe event attracted over 120 participants, and this year it strives to go even further to reduce crime and equip parents to help prevent it from happening. In tandem with this, we will also be providing our youth with a workshop ensuring them the wisdom of their rights and skills regarding how to deal with police in order to likewise protect themselves from cases of unfair profiling.

“Government cannot do it all, nor can parents, but together we can make a difference”.

## Chatsworth Foodbank and support service.



The cost-of-living crisis has affected many of us. Our food bank is FREE and open to support families in the Hackney community. Food is supplied by the Felix Food Project, Sainsbury's, and Co-op. We struggle to meet the demand of the people who depend on our foodbank, so we are happy to receive donations.

We also provide a space for people to sit down for drink, chat with our friendly team, and socialise in order to reduce isolation. We offer support services to assist people with benefits, online forms, emails, calls, housing issues, the homeless, referral and signposting services, and one-off payments available for people on the No Recourse of Public Fund to apply.

Open Times are: Every Tues and Wed @ 11am – 3pm.  
**Food donations are welcome.**

## 2024 Seaside trip to Clacton-on-Sea.



Last year's seaside trip to Margate was fantastic. The demand was so high and places so limited that many were disappointed to miss it. To avoid disappointment this year, please book your space on time and pay your deposit.

This year we are going to Clacton-on-Sea: Date 18<sup>th</sup> August 2024 £25 for adults and £10 for children. Please speak to Selina at the youth club or Cordi at the food bank to reserve your seat.

## Community Healthcare Support.



Working in partnership with Public Health as a Community Champion (PHCC) gave us the opportunity to promote health inequality in the community. We recently had the opportunity to host "Conversation World Café," which had health professionals who came to provide health advice, workshops, and blood pressure checks to support the community. Our blood pressure check is still regularly available on our open days; come over to have your FREE BP check.

Feel free to visit during open hours, share your concerns with us, and find out what support is available.

## Chatsworth Youth Club: Mon, Tue, Wed 4.30pm



The Chatsworth Youth Club aims to reduce antisocial behavior and street violence among the young people in Hackney. Our friendly environment enables young people to interact with their peers, engage in different sport activities, and receive professional support through games and workshops.

We provide a FREE meal for children after school and offer homework support. The HAF programme helps us take young people on trips during school holidays to explore new activities.

## Cookery Class with Eat Club



In the recent past we've collaborated beautifully with Made In Hackney Cookery to hold a series of cooking classes at the Chatsworth youth club. The class brings families together while providing life skills for young people and promoting healthy eating for parents to consider.

Our next cookery class is with a new organisation called Eat Club, and we are very excited! For 2 hours a week, Eat Club will hold a fun and supportive interactive learning space for our youths involving the prep, cooking and sitting down to eat and enjoy their wonderful meals. For the next six weeks starting on the 8<sup>th</sup> May – 19<sup>th</sup> June 2024, 5-7pm, kindly register your interest to participate in the session.

This session empowers family unity and is great fun.

For more information on anything we have shared, please use the details below:

**Visit:** [www.npayof.co.uk](http://www.npayof.co.uk) or [www.shepherdfoldministries.co.uk](http://www.shepherdfoldministries.co.uk)

**For more information, email:** [info.shepherdfoldministries.co.uk](mailto:info.shepherdfoldministries.co.uk)

Foodbank/Support Service: Call 07583 165 389